



# Where Hope Shines

FOR KIDS, TEENS, & FAMILIES

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At Gemma Services, we cherish each individual and ensure every child, youth, and family within our community has the tools they need to thrive.

Our research-based, trauma-informed programs are designed to cultivate a culture of learning and healing in a safe and nurturing environment.



# A Place for Hope and Healing

## RESIDENTIAL TREATMENT PROGRAMS

Our Residential Treatment Programs provide 24/7 clinical treatment and trauma-focused care for children and youth who have experienced traumas and/or significant mental health concerns. Our goal is to help them heal and learn new skills so they can live successfully in a home and community setting. Residential services are offered in two locations.



The **Plymouth Meeting campus** serves **boys and girls ages 6 to 14** who have experienced loss, unexpected challenges, and/or significant trauma, and whose behaviors are presently too unsafe for them to live in a home or community setting. Our skilled and caring staff members are dedicated to helping children feel valued, and embrace a trauma-informed approach. Each child's family and/or guardians are respected and included as full partners in the care and treatment of their children. Successful treatment is achieved when

children can return to their own family, a new family, or to a supportive living setting in the community. Every day, we want each child to experience the joy and happiness of childhood.

The **Rosemont campus** provides intensive treatment services for **youth ages 12 to 18** who struggle with significant mental health needs, often stemming from trauma. Our program includes 24-hour supervision by counselors trained in trauma-informed care, crisis prevention and de-escalation, and Therapeutic Crisis Intervention. We combine a holistic approach to helping youth and families with traditional mental health services and provide experiences to nurture mind, body, and spirit through creative and expressive therapeutic art programs, physical fitness programs, and equine and pet-assisted therapies.



## EDUCATION



AT **gemma SERVICES**

### **Martin Luther School**

is an Approved Private School located in Plymouth Meeting that uses a holistic educational approach to assist students in grades

k through 8 who need an

out-of-district placement with additional support for learning, emotional, and behavioral challenges.

Martin Luther School offers a low student-to-teacher ratio with certified teachers, emotional and behavioral support, 21<sup>st</sup> century learning opportunities, and related services such as speech and occupational therapy.

Additionally, a core element of Martin Luther School is a Restorative Practices approach that promotes healthy relationships and positive discipline inside and outside of school.

Youth participating in our Residential Treatment Program in Rosemont attend the on grounds **Gemma Services School**, a licensed, private academic special education school for students in grades 7 through 12 with emotional, social, and special learning needs. The School works closely with the Delaware County Intermediate Unit to identify students' special needs, as well as to develop individualized plans and interventions to support their success in the education environment.

## SERVING CHILDREN, YOUTH, AND THEIR FAMILIES IN THEIR COMMUNITIES

Our **Community Based Programs** provide Outpatient Behavioral Health Services; Foster Family Care; Adoption; Intensive Behavioral Health Services for children in their homes or schools; Applied Behavior Analysis; a Family Empowerment Center; and other In-Home Prevention Services.

Our goal is to help children, youth, and families achieve their brightest futures and strengthen the communities we serve.

### Community Based Programs Include:

- **Treatment Foster Care** includes services for children from Bucks, Delaware, Lancaster, Montgomery, Northern Chester, and Philadelphia Counties who cannot reside in their own homes presently. Foster families provide compassionate care in a loving home environment to address the needs of children with emotional and behavioral challenges to help them heal and flourish.
- **The Host Home Program** was developed to provide treatment and a safe and supportive home environment for children ages 4 through 18 who are dealing with serious emotional and behavioral issues. Eligible children and teens are placed in family homes with specially trained host parents who use individualized plans to meet each child's needs, with the goal of alleviating the pain, distress, and disruption in their lives while building resiliency and stability.
- **Adoption & Permanency Services** are provided for children and adolescents who have experienced loss, separation, abuse, neglect, and other trauma. These services are for children who have been placed in homes of foster or kinship families because their legal families are unable to provide the care they need.
- **Outpatient Behavioral Health Services** include individual therapy, family therapy, and medication management for children and teens, ages 4 to 21. Credentialed therapists use evidenced-based practices including Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and Parent Child Interaction Therapy (PCIT) in working with children and teens. Our team of clinicians is dedicated to the progress and healing of those we serve.
- **Intensive Behavioral Health Services (IBHS)** offer intensive support in home and school settings for children, youth, and young adults up to age 21 experiencing serious emotional or behavioral issues or skill deficits. IBHS programming is designed to give each child the tools they need to face challenges with a greater sense of strength and resilience and improve overall behavioral functioning.
- **Our Applied Behavior Analysis (ABA)** program is based on the science of learning and behavior and involves the process of implementing basic behavioral interventions to create meaningful behavior changes. ABA services are typically provided to children, youth, or young adults diagnosed on the Autism Spectrum and include assessments and 1:1 interventions to help them improve their behavioral, social, communication, and adaptive skills.
- **Family Based Mental Health Services (FBMHS)** — coming soon. Includes an intensive, evidenced-based, and family-focused approach to support children, adolescents, and their families. The primary goal of FBMH Services is to assist families with maintaining their child in the home and to keep families intact, rather than an "out of home" placement of the child. FBMH Services provide intensive individual and family therapy, as well as case management support in a family's home and community by a two-person team.
- **Our Prevention Programs** include our Family Empowerment Center and In-Home Protective Services. The goal of these programs is to support children and families to overcome challenges, strengthen community supports, and prevent further involvement with the child welfare system.





SILVER SPRINGS  
MARTIN LUTHER SCHOOL

&

theVillage

## Our Mission

Gemma Services changes lives by transforming hope into action for children, youth, and families facing emotional and behavioral challenges.

**Gemma Services** was formed in 2019 when Silver Springs – Martin Luther School and theVillage united to operate as one single organization serving children, families, and communities across the Philadelphia region. Representing a combined 300 years of service to vulnerable and at-risk children and families, Gemma Services is guided by the vision of a world in which children, youth, and families feel valued and have the tools to realize their highest potential.

## Our Locations

### Rosemont

- Administrative Office
- Outpatient Behavioral Health Services
- Residential Treatment, Adolescent Youth (ages 12–18)

452 South Roberts Rd  
Rosemont, PA 19010  
(610) 525-5400

### Mt. Airy

- Applied Behavior Analysis
- Intensive Behavioral Health Services
- Outpatient Behavioral Health Services

7208 Germantown Ave  
Philadelphia, PA 19119  
General: (215) 247-1427  
Outpatient Intake & Referral: (215) 880-8823  
IBHS: (267) 297-5170

### Plymouth Meeting

- Foster Family Care
- Martin Luther School
- Residential Treatment, Children (ages 6–14)

512 West Township Line Rd  
Plymouth Meeting, PA 19462  
(610) 825-4440

### Preheim Center

- Adoption Services
- Foster Family Care
- Outpatient Behavioral Health Services
- Prevention Programs

6517 Chester Ave  
Philadelphia, PA 19142  
General: (215) 730-2240  
Outpatient Intake & Referral: (215) 730-2326



Learn More About Our Programs and Services at [www.gemmaservices.org](http://www.gemmaservices.org).