



OUTPATIENT BEHAVIORAL HEALTH SERVICES

Serving Children, Youth, and Families IN THEIR COMMUNITIES

Outpatient Behavioral Health Services include individual therapy, family therapy, and medication management for children and teens, ages 2 to 18. Credentialed therapists use evidence-based practices including Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and Parent Child Interaction Therapy (PCIT) in working with children and teens.

Our team of clinicians is dedicated to the progress and healing of those we serve. If a child or teen is struggling with emotional challenges, we are here to help.



- **Individual Therapy:** Individual therapy is available for children and adolescents who are experiencing difficulties with their emotions or behavior.
- **Trauma-Focused Cognitive-Behavior Therapy (TF-CBT):** TF-CBT for children and adolescents who have experienced a traumatic or upsetting life event such as sexual abuse, physical abuse, neglect, grief, loss, and other traumas.
- **Family Therapy:** Family therapy helps improve the way family members interact and resolve conflicts together.
- **Play Therapy:** Play therapy helps children express their thoughts, feelings, and behaviors through the use of play, games, art, and other child-friendly materials.
- **Parent Child Interaction Therapy (PCIT):** PCIT is an evidence-based family therapy designed for young children who exhibit "acting-out" behaviors.
- **Psychiatric Evaluation & Medication Management:** Psychiatric Evaluation & Medication Management services are available to currently enrolled outpatient clients with a board-certified child and adolescent psychiatrist.

Learn more at www.gemmaservices.org.



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theVillage

Gemma Services was formed in 2019 when Silver Springs – Martin Luther School and theVillage united to operate as one single organization serving children, families, and communities across the Philadelphia region. Representing a combined 300 years of service to vulnerable and at-risk children and families, **Gemma Services is guided by the vision of a world in which children, youth, and families feel valued and have the tools to realize their highest potential.**

At Gemma Services, we cherish each individual and ensure every youth and family within our community has the tools they need to thrive. Our research-based, trauma-informed programs are designed to cultivate a culture of learning and healing in a safe and nurturing environment.

We offer education programs, mental health services in residential and community settings, foster care and adoption services, and prevention programs.



Our Mission

Gemma Services changes lives by transforming hope into action for children, youth, and families facing emotional and behavioral challenges.

MT. AIRY

Outpatient Behavioral Health Services

7301 Germantown Pike
Philadelphia, PA 19119
General: (215) 247-1427
Outpatient Intake & Referrals: (215) 730-2326

PREHEIM CENTER

Outpatient Behavioral Health Services

6517 Chester Ave
Philadelphia, PA 19142
Reception: (215) 730-2240
Intake and Referrals: (215) 730-2326