



FAMILY SUPPORT PROGRAM

Serving Children, Youth, and Families

IN THEIR COMMUNITIES



All families can benefit from extra support to help them provide the best care for their children. The **Family Support Program** at Gemma is designed to help families in Philadelphia with children ages 2-5 access that extra support. This program supports families by identifying and using their strengths to help the family develop routines and strategies to help them meet their goals. Families will work with the Family Support Partner on the families' goals and strengths.

The goal and mission of this program is to help families access supports and services that promote their well-being and that of their children, enhance their skills, and strengthen their problem-solving abilities to promote optimal child development and increase caregivers' confidence. The program is made possible and funded by a grant from the Pennsylvania Office of Child Development and Early Learning ("OCDEL") who provide families access to high quality services to prepare children for school and life success.

Learn more at www.gemmaservices.org.

Our Mission

Gemma Services changes lives by transforming hope into action for children, youth, and families facing emotional and behavioral challenges.



KEY COMPONENTS OF THE FAMILY SUPPORT PROGRAM:

- Family centered, assessment-driven practices, tailored to strengthen family relationships
- Focus on a collaborative process
- Uses an evidence-based home visiting model
- Starts with a Family Check Up, a data-based, three session assessment using a brief structured tool and parent child interaction video recording
- Includes immediate feedback and recommendations
- Lasts an average of 8 sessions per family and takes between 3 weeks to 6 months



This program is free for families living in Philadelphia. Families need to have a child between the ages of 2 and 5. This program is voluntary, brief, and strengths based.

PREHEIM CENTER

Family Support Program

6517 Chester Ave
Philadelphia, PA 19142
(215) 730-2240 or familysupport@gemmaservices.org



&

theVillage

Gemma Services was formed in 2019 when Silver Springs – Martin Luther School and theVillage united to operate as one single organization serving children, families, and communities across the Philadelphia region. Representing a combined 300 years of service to vulnerable and at-risk children and families, **Gemma Services is guided by the vision of a world in which children, youth, and families feel valued and have the tools to realize their highest potential.**

At Gemma Services, we cherish each individual and ensure every youth and family within our community has the tools they need to thrive. Our research-based, trauma-informed programs are designed to cultivate a culture of learning and healing in a safe and nurturing environment.

We offer education programs, mental health services in residential and community settings, foster care and adoption services, and prevention programs.

Learn more at www.gemmaservices.org.