



## RESIDENTIAL TREATMENT PROGRAM

# Because You Matter

Our Residential Treatment Program provides 24/7 clinical treatment and trauma-focused care for children and youth who have experienced traumas or significant mental health concerns. Our goal is to provide healing treatment and teach new skills so they can be safe and successful in their homes and communities. Residential services are offered in Plymouth Meeting.



### ACCOMPANYING YOUTH AGES 6 TO 14

Our program assists children and youth ages 6 to 14 who have experienced loss, unexpected challenges, and significant trauma, and whose behaviors presently prevent them from living safely at home. We use an individualized, data-informed and evidence-based approach. Each child's family and caregivers are included as full partners during the program. Every day, we seek for youth to experience joy and to know they matter.

### Residential Treatment Program Mission

*A place for hope and  
transformative healing  
through holistic care*

Learn more at [www.gemmaservices.org/residential](http://www.gemmaservices.org/residential).

# About Gemma Services

## Our Vision

We envision a world where every person knows they matter.

## Our Mission

Gemma accompanies people of all ages through life's challenges using individualized, data-informed support.

## Our Commitment to Diversity, Equity, & Inclusion

Gemma will courageously build an organization that ensures equity, justice, and inclusion for every member of our community.

## Our Values

Unlimited  
Nimble  
Inspired  
Transparent  
Effective  
Diverse



Visit Us Online

Formed in 2019 by the merger of Silver Springs – Martin Luther School and theVillage, Gemma represents more than 300 years of accompanying people as they face life's challenges so they know they matter. Today, Gemma provides adoption and permanency services, foster family care, mental health programs, a special education school (Martin Luther School), and prevention programs for thousands of individuals each year.

Gemma is always looking for mission-minded individuals to join our team. Gemma is committed to equal employment opportunities. Please visit our website or contact [hr@gemmaservices.org](mailto:hr@gemmaservices.org) to learn more.

## OUR RESIDENTIAL TREATMENT PROGRAM INCLUDES:

- Clinical services provided by Master's-level therapists, including individual, family, and group therapy, as well as comprehensive case management.
- Specialized residential program available for adolescent girls 10-14 with acute behavioral health needs. Dialectical Behavior Therapy is a central component of this program.
- Significant collaboration with families and caregivers throughout the course of the program to support a successful transition home.
- Psychiatry services that oversee treatment and provide medication management as needed, and services to residents with their families.
- Enriching and therapeutic recreation therapy and programming.
- A gender-affirming environment for LGBTQIA+ community members.

## EVIDENCE-BASED PRACTICES

Our program offers a caring milieu environment for youth. We embrace the use of Evidence-Based Practices shown to be effective in helping youth to heal from trauma, reduce distress, and build coping skills. Our clinicians are trained in the use of Cognitive Therapy, Trauma-Focused Cognitive Behavior Therapy, Ecosystemic Structural Family Therapy, and Dialectical Behavior Therapy.

## EDUCATION

Youth participating in the Residential Treatment Program either attend Gemma's own Martin Luther School, an Approved Private School, the local public school, or another school best suited for their educational needs.

## Residential Treatment Program

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